

**CLASS – VII**  
**ART INTEGRATED PROJECT**  
**TOPIC – TRADITIONAL DRESSES OF MANIPUR**

**General Instructions:**

- (i) The Art Integrated project is compulsory for all students.
- (ii) Make **only one handmade project folder** for all subjects. Decorate it neatly with colours and glitters.
- (iii) It must be completed in 8-9 pages.
- (iv) Use coloured A4 size coloured sheets to write the contents.
- (v) Write on the front page: ART INTEGRATED PROJECT – CLASS VII–  
TOPIC – STUDENT'S NAME–
- (vi) Begin with index, acknowledgement and brief Introduction with the title.
- (vii) Add pictures/drawings/graphs/data representation with brief descriptions and subject based points.
- (viii) Write the answer for each subject question in 1–2 pages only and staple all sheets neatly in one folder.

**ENGLISH**

- 1. Write a paragraph on your favourite dressing style of Manipur. (100 words)
- 2. Write a notice in not more than 50 words informing the students about the Exhibition on Traditional Dressing of Manipur. Invite students to participate with presentations, posters, model making. Best entries will be awarded. Mention event, date, venue, etc.

**HINDI**

निम्नलिखित विषय पर (2) पृष्ठ का एक सचित्र परियोजना कार्य बनाइए -  
कला एकीकृत परियोजना कार्य (art integrated project)  
विषय- मणिपुर की पारम्परिक वेशभूषा

**SANSKRIT**

मणिपुर राज्य की पारम्परिक वेशभूषा के  
विषय में संस्कृत में अनुच्छेद लिखिए।  
पारम्परिक वेशभूषा के चित्र बनाइए अथवा चिपकाइए।

**MATHEMATICS**

- (i) Symmetry in Phanek design
- (ii) Geometrical shapes used
- (iii) Ratio of colours

(iv) Pattern observation

**Use:**

- scale for straight lines
- compass for circles
- colour combinations in ratios.

**SCIENCE**

To study the science behind the clothing of Manipur such as: absorption of sweat, insulation (keeping warm), breathability, heat absorption by dark colours and reflection by light colours, suitability of fabric according to season and climate.

**SOCIAL SCIENCE**

Write about the traditional dresses of Manipur such as Phanek and Innaphi. Mention their designs, occasions when they are worn, and their cultural importance.